

## Profile Information — Step 1 of 5

#### You are completing the intake form: Chiropractic Intake Form

Please take a moment to fill out our intake form before your visit.

All information is kept completely confidential.

| First Name – <i>Requ</i> | ired  |                                    |
|--------------------------|---|------------------------------------|
| ,                        |   |                                    |
| .ast Name – Requi        | red   |                                    |
| Preferred Name (         | if different)   |                                    |
| Terement it and the      | . <b></b>   |                                    |
| Pronouns                 |   |                                    |
|                          | least one phone number. Your mobile number can be used pointment reminders.  Required | to look up your Account and receiv |
| A mobile phone i         | s required if you would like to receive SMS appointment ren                           | ninders.                           |
| City – Required          |   |                                    |
| State – Required         |   |                                    |
| Postal/Zip – Requi       | red   |                                    |
|                          |   |                                    |

| Date of Birth – Required                                     |  |
|--|--|
|  |  |
| Gender – Required  |  |
|  |  |
| Refers to current gender which may be different than what is | is indicated on your insurance policies or medical record. |
| Occupation   |  |
|  |  |
| Emergency Contact – Require                                  |  |
|  |  |
|  |  |
| Emergency Contact Phone – Required                           |  |
|  |  |
| Emergency Contact Relationship – Required                    |  |
|  |  |
| How did you hear about us?                                   |  |
|  |  |
|  |  |
| Insurance Inform   | nation — Step 2 of 5                                       |
| HISUIGHICC HITOHII   |  |
| Your insurance policy  |  |
| Insurer  |  |
|  |  |
| Subscriber #   | Group #  |
|  |  |
|  |  |
|  |  |

# Questionnaires — Step 3 of 5

### **Chiropractic Intake Form**

| Chirop                    | ractic                 | Patie        | nt Inta                 | ke            |             |             |              |              |              |                     |
|---------------------------|------------------------|--------------|-------------------------|---------------|-------------|-------------|--------------|--------------|--------------|---------------------|
| n order to p<br>CONFIDENT |                        | ou the bes   | t possible h            | nolistic care | e, please c | omplete th  | is form. All | informatio   | n is strictl | y                   |
| s your curre              |                        | laint direct | tly related t           | to an autoi   | mobile acc  | ident or w  | orkers com   | npensation   | case?        |                     |
| No                        |                        |              |                         |               |             |             |              |              |              |                     |
| Yes - Plea                | ase inclu              | de Insuran   | ce claim nu             | ımber, com    | npany nam   | e, contact  | person and   | l phone nui  | mber.        |                     |
| Auto Accide               | ent Claim              | Informatio   | on                      |               |             |             |              |              |              |                     |
|                           |                        |              |                         |               |             |             |              |              |              |                     |
| Please desc               | ribe your              | r primary o  | r major con             | nplaint (ple  | ease provid | e a brief d | escription ( | of your prin | nary area    | of                  |
| What is you               | r complai              | int? (Why a  | re you see              | king care?    | ?)          |             |              |              |              |                     |
|                           |                        |              |                         |               |             |             |              |              |              |                     |
|                           |                        |              |                         |               |             |             |              |              |              |                     |
| Have you ha               | ad this sa             | ume condit   | ion before              | <b>,</b>      |             |             |              |              |              |                     |
| iave you ne               | aa tiiis sa            | inic condit  | ion before.             | •             |             |             |              |              |              |                     |
| □ No □ Y                  | es - Whe               | n?           |                         |               |             |             |              |              |              |                     |
| When was t                | he last e <sub>l</sub> | oisode? Ple  | ease descri             | be            |             |             |              |              |              |                     |
|                           |                        |              |                         |               |             |             |              |              |              |                     |
|                           |                        |              |                         |               |             |             |              |              |              |                     |
|                           |                        |              |                         |               |             |             |              |              |              |                     |
| On the scale              | e below, <sub>l</sub>  | please ind   | icate your <sub>l</sub> | oain or dis   | comfort yo  | u have RIO  | GHT NOW.     |              |              |                     |
| ONC                       | 1                      | 2            | 2                       | 4             | Г           |             | 7            | 0            |              | 40                  |
| 0 NO<br>PAIN              | 1                      | 2            | 3                       | 4             | 5           | 6           | 7            | 8            | 9            | 10<br>UNBEA<br>PAIN |

|  | 1                                      | 2           | 3            | 4           | 5          | 6          | 7        | 8                     | 9      | 10<br>UNBEARAI<br>PAIN |
|--|--|-------------|--------------|-------------|------------|------------|----------|-----------------------|--------|------------------------|
| Secondary o  | or other a                             | reas of co  | mplaint. (IF | - APPLICAE  | BLE)       |            |          |                       |        |                        |
|  |  |             |              |             |            |            |          |                       |        |                        |
| lave you re  | ceived a                               | ny of these | therapies    | for this co | mplaint?   |            |          |                       |        |                        |
| Surgery  | ☐ Acup                                 | uncture [   | ] Massage    | e Therapy   | Chirop     | actic Care | Physi    | otherapy              |        |                        |
| Health<br>condition  |  | -           |              | •           | please     | chec       | k all cı | urrent                | or pr  | evious                 |
| General Sym  | nptoms                                 |             |              |             |            |            |          |                       |        |                        |
| Allergies  |  |             |              |             |            |            |          |                       |        |                        |
| ☐ History of   | f Headac                               | hes         |              |             |            |            |          |                       |        |                        |
| ☐ History of   | f Migrain                              | es          |              |             |            |            |          |                       |        |                        |
| Generaliz  | zed Pain                               |             |              |             |            |            |          |                       |        |                        |
| Night Pai  | n                                      |             |              |             |            |            |          |                       |        |                        |
| Loss of co   | onscious                               | ness        |              |             |            |            |          |                       |        |                        |
| Blackouts  | 6                                      |             |              |             |            |            |          |                       |        |                        |
|  |  |             |              |             |            |            |          |                       |        |                        |
| Fever  |  |             |              |             |            |            |          |                       |        |                        |
| Fever Excess Sv  | weating                                |             |              |             |            |            |          |                       |        |                        |
|  |  |             |              |             |            |            |          |                       |        |                        |
| Excess S   | ness                                   |             |              |             |            |            |          |                       |        |                        |
| Excess Something Excess | ness<br>toms                           | ling 🗌 Di   | zziness [    | ] Blurred V | ∕ision □ I | ainting [  | Problem  | Speaking              | ☐ Naus | sea                    |
| Excess Something Excess | ness<br>toms<br>ss or ting             |             |              | ] Blurred V | ′ision 🗌 I | ainting [  | Problem  | Speaking              | ☐ Naus | sea                    |
| Excess Somether Sympton  Numbnes  Eyes / Ears /  | ness<br>toms<br>as or ting<br>Nose / T | hroat Sym   | ptoms        |             |            |            |          | Speaking<br>Hearing L |        | sea                    |

#### Heartwood Holistic Health

| Asthma Chronic Cough Difficulty Breathing Shortness of breath Bronchitis Emphysema   |
|--|
| Cardiovascular Symptoms  |
| Previous Incident of Stroke  |
| Cerebral Vascular Aneurism   |
| ☐ Previous Heart Attacks   |
| Chronic Congestive Heart Failure   |
| Other Heart / Blood Disease not discussed  |
| ☐ Hardening of Arteries  |
| ☐ Bleeding Disorder  |
| ☐ High Blood Pressure  |
| ☐ Low Blood Pressure   |
| ☐ Angina   |
| ☐ Phlebitis / Varicose veins   |
| ☐ Pacemaker or similar device  |
| Gastrointestinal Symptoms  |
| ☐ Diabetes ☐ Ulcer ☐ Irregular / Absent bowel movement ☐ Indigestion                 |
| Genitourinary Symptoms   |
| ☐ Trouble Urinating ☐ Kidney Infection ☐ Prostate Trouble                            |
| Genitourinary Symptoms (Female only)   |
| ☐ Hot Flashes ☐ Irregular / Absent Cycle ☐ Cramping / Backache                       |
| Have you ever had any fractures? (If Yes, please provide details and dates)          |
| ☐ NO ☐ YES (Describe the location of fracture and when it occured)                   |
| Describe the fracture  |
|  |
| Have you ever been diagnosed with Cancer? (If Yes, please provide details and dates) |
| NO ☐ YES (Describe where and the date diagnosed)                                     |

| Cancer Diagnosis and Date  |                 |
|--|-----------------|
|  |                 |
|  |                 |
|  |                 |
| Please list your current Medication, Herbs, Supplements.                                     |                 |
|  |                 |
|  |                 |
|  |                 |
| What are your main interests and hobbies?  |                 |
| What are your main interests and hobbies:  |                 |
|  |                 |
|  |                 |
|  |                 |
| Please describe your physical activity level, activities you partake in and how frequently y | ou participate. |
|  |                 |
|  |                 |
|  |                 |
|  |                 |
| Please add any additional information that you feel is pertinent                             |                 |
|  |                 |
|  |                 |
|  |                 |
| Family Medical History (Please check all applicable conditions)                              |                 |
| ☐ Headaches or Migraines   |                 |
| ☐ High or Low blood pressure   |                 |
| ☐ Diabetes   |                 |
| ☐ Heart Disease  |                 |
| Fainting or Dizziness  |                 |
|  |                 |
| Stroke  Circulatory Droblems   |                 |
| ☐ Circulatory Problems   |                 |
| ☐ Cancer   |                 |
| Neurological disorders   |                 |

| ☐ Kidney disease  |
|---|
| Chron's Disease   |
| Pelvic Inflammatory disease   |
| ☐ Asthma  |
| Respiratory disorders   |
| ☐ Rheumatoid arthritis  |
| Osteoarthritis  |
| Osteoporosis  |
| ☐ Fibromyalgia  |
| ☐ Epilepsy  |
| Skin Conditions Multiple Sclerosis  |
| Are you a patient in the UNC System? – Required   |
|   |
| If YES, Dr. Drew will be able to access medical records if needed   |
|   |
|   |
|   |
|   |
| Consents — Step 4 of 5  |
| Consents — Step 4 of 5  You are completing the following intake forms: Chiropractic Intake Form   |
| · ·   |
| You are completing the following intake forms: Chiropractic Intake Form  Communication  |
| You are completing the following intake forms: Chiropractic Intake Form  Communication  Appointment Notifications and Reminders   |
| You are completing the following intake forms: Chiropractic Intake Form  Communication  |
| You are completing the following intake forms: Chiropractic Intake Form  Communication  Appointment Notifications and Reminders  You can opt to receive emails to keep you informed of new bookings, changes to your bookings, and reminders for  |
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| Communication  Appointment Notifications and Reminders You can opt to receive emails to keep you informed of new bookings, changes to your bookings, and reminders for upcoming appointments.  Email  Email 2 days before appointment  Text Message (SMS)   |
| Communication  Appointment Notifications and Reminders You can opt to receive emails to keep you informed of new bookings, changes to your bookings, and reminders for upcoming appointments.  Email  Email 2 days before appointment  Text Message (SMS)  Standard messaging & data rates may apply, messaging frequency can vary and you can update your preferences anytime.   |
| You are completing the following intake forms: Chiropractic Intake Form  Communication  Appointment Notifications and Reminders  You can opt to receive emails to keep you informed of new bookings, changes to your bookings, and reminders for upcoming appointments.  Email  Email 2 days before appointment  Text Message (SMS)  Standard messaging & data rates may apply, messaging frequency can vary and you can update your preferences anytime.  Text Message (SMS) 2 hours before appointment                        |
| Appointment Notifications and Reminders You can opt to receive emails to keep you informed of new bookings, changes to your bookings, and reminders for upcoming appointments.  Email  Email 2 days before appointment  Text Message (SMS) Standard messaging & data rates may apply, messaging frequency can vary and you can update your preferences anytime.  Text Message (SMS) 2 hours before appointment  Text Message (SMS) 24 hours before appointment  |
| Communication  Appointment Notifications and Reminders You can opt to receive emails to keep you informed of new bookings, changes to your bookings, and reminders for upcoming appointments.  Email  Email 2 days before appointment  Text Message (SMS) Standard messaging & data rates may apply, messaging frequency can vary and you can update your preferences anytime.  Text Message (SMS) 2 hours before appointment  Text Message (SMS) 24 hours before appointment  Text Message (SMS) 45 minutes before appointment |

| Heartwood Holistic Health  News and Special Promotions  |
|---|
| <ul> <li>We don't send out many emails. If you choose to opt-out, we're obligated to honor your request, meaning you won't receive any important clinic updates.</li> </ul>   |
| Chiropractic Intake Form — Consents   |
| Accuracy of Information   |
| ☐ I certify that the above medical information is correct to my knowledge. – Required   |
| Informed Consent to Treat   |
| Welcome to chiropractic care. Chiropractic focuses on the relationship between the brain, nervous system, spine, and body function. Disruptions in this relationship may lead to vertebral subluxation complex (VSC) with physical and chemical components affecting health. Chiropractic care includes exams, diagnostic tests, specialized tools, and manual or instrument-based adjustments to reduce or stabilize VSC. Chiropractors are regulated professionals required to disclose care risks. |
| Chiropractic care avoids drugs and surgery and doesn't diagnose internal medical conditions. It's provided by licensed chiropractors. While risks exist (e.g., musculoskeletal issues, neurological deficits), they're rare (approximately 1 in 400,000 to 1 in 1,000,000 treatments). You'll be informed if you're at risk. Feel free to ask questions. By signing, you agree to the recommended care, understanding there are no guarantees of cure or specific results.                            |
| ☐ I agree – Required  |
| HIPAA PRIVACY NOTICE  |
| This notice explains how Heartwood Holistic Health (HHH) protects the privacy of your Protected Health Information (PHI) as required by the Health Insurance Portability and Accountability Act (HIPAA). Please read this notice carefully and contact our Privacy Officer at (HeartwoodHolistic@gmail.com) if you have any questions.  |
| Privacy Practices: HHH collects, uses, and discloses your PHI for purposes such as treatment, payment, and healthcare operations. We are committed to safeguarding your PHI.  |
| Uses and Disclosures: We may use and disclose your PHI for authorized purposes, including treatment, payment, healthcare operations, and as required by law. Your consent will be obtained for any other uses or disclosures.   |
| Individual Rights: You have the right to access, request amendments, request restrictions, and file complaints regarding your PHI. Contact our Privacy Officer for assistance with these rights.  |
| Notice of Breach: In the event of a breach of your PHI, we will notify you as required by HIPAA regulations.  |
| Contact Information: If you have any questions, concerns, or need to exercise your rights under HIPAA, please contact our Privacy Officer at HeartwoodHolitic@gmail.com.  |

Language Accessibility: This notice is available in multiple languages upon request. Translation services are

Revision and Updates: HHH may revise and update this notice as necessary. You can obtain the most current

☐ I acknowledge that I have received and read the HIPAA Privacy Notice. – Required

available for individuals with limited English proficiency.

version at our office or on our website.

8/10

| Self-Pay Policy & Insurances Accepted   |
|---|
| Heartwood Holistic Health accepts medical insurance. Please inform us to check if we are in-network. We can provide a visit statement (super bill) for self-claim filing upon request.  |
| I understand and agree that I will pay Heartwood Holistic Health directly for all services rendered. – Required   |
| Cancellation Policy   |
| Your appointment is reserved exclusively for you. To avoid a \$42 cancellation fee, please give us at least 24 hours' notice for any changes or cancellations. This helps us accommodate other patients and minimize disruptions to our therapists' schedules.  |
| ☐ I understand – Required   |
| Freed Medical Transcribe Software   |
| To give you the best care and attention, I'll be using a service that transcribes our conversation. If you don't want me to be using it, just let me know and I'll turn it off.   |
| ○ I Agree   |
| ○ I Disagree  |
| ACKNOLWEDGEMENT: I agree that this consent form may be handwritten or electronically signed and that my electronic signature appearing on this consent form is the same as handwritten signatures for the purpose of validity, enforceability, and admissibility. I understand that I can opt-out of signing this document electronically by contacting Heartwood Holistic Health. I understand that I may receive an electronic copy of this consent form by requesting it from Heartwood Holistic Health and providing my email address and Heartwood Holistic Health will email the form to me. If I am unable to receive the form via email, I can notify Heartwood Holistic Health and other arrangements can be made. I have read this description of services and understand and consent to the information presented above. I understand that I can discuss any questions with Heartwood Holistic Health. I understand there are potential risks and benefits associated with chiropractic services. I have the right to make decisions about the chiropractic services I receive, to refuse chiropractic services, and revoke this consent any time. I understand I have an opportunity to discuss questions regarding services with my provider at Heartwood Holistic Health. I understand that the provider may determine that it is not appropriate for me to receive chiropractic services at any time. In this case, I understand that I will be notified of this decision and will be provided resources for accessing more appropriate health services. |
| Patient Signature Date  |